

## NOMAD BUTOH PLATFORM

intensive butoh workshop  
**SPRING 2017**



photo credit Svetlana

Karlova

The proposal: along the year, regular classes leaded by confidenced butoh artists.

First session **from 28th of june to 4<sup>th</sup> of july 2017**

invited teacher: **Flavia Ghisalberti**, butoh dancer, choreographer

**In Srebrna Gora, Eastern Poland**

**price: 250 euros involved courses, lodging and food**

**7 ours per day**

**Open to those who are interested to explore the limits between body and mind, and what they are willing to endure. A background in dance is not required.**

**NOMAD BUTOH PLATFORM** organizers

Lucile Floréal, Montreuil, France

Katarina Donner, performer, Srebna Gora, Poland

## First session: Flavia Ghisalberti



photo credit Elena Bennati

**Create your own flower = secret  
power + body = condition  
body + soul = image**

*"the vulnerability of human's soul is a big subject in my dance.  
and also its strength.  
my work consists in exploring the limits  
of mind and body in different states and different places". Flavia Ghisalberti*

### **about my work**

in my years of making art, i have felt an urgency to enter reality, to feel existence, to exhibit total existence. i work with concepts and techniques that hold space, like ankoku butoh dance (which means literally “dance of darkness,” or the dance of the hidden body – the unconscious, the dna, the body memory, and the inside of the body), where the history of the world can be told through an almost unmoving body trembling in space. a living body becomes an empty vessel through which generations of the dead enter and expose themselves, to tell the stories of their lives without talking, the play of their life, their loves and crimes, how they died, how their body became food for another, how they became another life.

If i enter intimate space i enter the space of vulnerability. that's why maybe it's more easy to live intimacy in dance than in real life..."

Where my body once was, there will be a dance that embodies the cycle of life and death, but there will be no me.

„the vulnerability of human soul is a big subject in my dance. and also its strength. my work consists in exploring the limits of mind and body in different states and different places. i like to perform in the streets... and public spaces because it is an insecure space. to find a balance in my mind with a disbalanced body or viceversa. to take the risk to fail while the world continues to be perfect. to endure the trembling of the body until it dissolves into nothing. how to rise up again if nothing is left? to find an aesthetic way of dance where suffering, death, sexuality, sickness, handicap, age, insanity and so on are not excluded.

How we can enter our inner body and become a channel for our hidden memories, dreams, desires and to transform them into the unknown resonance of life? What does it mean to have a poetic body and mind? What is poetry? How to express the unspeakable by our body? The Butoh dancer is looking for a body language which withdraws from the everyday language, or which extends beyond it, is something quiet, similar to a poem which unfolds an effect which escapes the everyday language. By embracing the paradox we become whole. Butoh works with the entirety of the world .

The masterclass is to those who are interested to explore the limits between body and mind, and what they are willing to endure.

### **Create your own flower = secret**

#### **Content of the class**

##### **BODYCONDITION= BODY & POWER**

Exercises to strengthen the body and to make it pervious. Enlargement of the perception, aerial consciousness. **Opening**.

##### **IMAGES= BODY & SOUL**

Exterior and interior images or spoken poetry as an impuls of the inner power of imagination. By projecting inner images to the external, body becomes a canvas. **Becoming**.

##### **IMPROVISATION= BODY & PRESENCE**

Refined perception, opening by concentration and an enlarged consciousness of the body for a powerful presence. **Listening**.

##### **SOLO= BODY&CREATION**

Listen to the inner secret , the hidden personality, the shadow

Digest the experience and transform.

Find the right spot for your creation. **Creating**.

At the end, public performances of the participants on the place of the village



photo credit Urs Rötlisberger

**Flavia Ghisalberti** is a multi-disciplinary artist, director and choreographer of Italian and Swiss descent. She had periodic exhibitions and created poetry sound performances with self made instruments from 1994-1996. Since 1998 she has worked intensively with Butoh dance. Flavia's art explores the limits of the body and the mind and what they are willing to endure. Her butoh style is primarily independent of any particular butoh school or master. She co-founded the Butoh group In Between in 2003 and founded the international project Limits in 2008. She is director of the bi-annual festival Butoh-Off since 2010 which is now a trinational project with Freiburg and Strasbourg. She performs and teaches throughout Europe, Russia and the United States.

[www.fleuvie.wordpress.com](http://www.fleuvie.wordpress.com)

<http://www.facebook.com/fleuvie>

<http://www.inbetweenbutoh.com>

<http://www.ghisalbertiflavia.wordpress.com>

#### **contact**

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## ABOUT SREBRNA GORA



a view of the ancient protestant church, where we will work

Srebna Gora is close to Wroclaw, an important place for art and culture in Eastern Poland. Wroclaw is a cultural city of Europe. There takes place the famous Grotowski's Center. Within the village, there is a very alive local cultural center. Around the village, you have mountains, forest and an ancient silver mine renovated as a museum. The stage, the ancient protestant church, is a beautiful stage, part of the local patrimony. Beside, the village offers cheap possibilities for lodging and food. If you need to cook your own food, you can find here groceries or you can go to the restaurant nearby. The food is included in the cost. The organisation offers the lunch and dinner every day. The cook will prepare a food according to our bodywork. Mainly the meals are cooked with local organic products : cereals, vegetables, cheese, only vegetarian meals.

Concerning your stay, if you have special expectations, please write it clearly on the formular or bring what you need with you.

## **Terms and conditions of your booking**

**early birds : 250 euros enrollment fees if you pay before the 30<sup>th</sup> of may !!!**

after the 30th of may 270 euros

### **We accept payment in two times**

#### **First instalment:**

**150 euros** for your registration fees by transfer on paypal

#### **Second instalment:**

**100 euros**, directly on the place with cash for your **first payment is before 30th of may**

**120 euros**, directly on the place with cash for your **first payment is after 30th of may**

Please bring a receipt of your first payment.

**Your participation will be secured when we have received your enrollment fees or your first instalment. You will receive a confirmation by email.**

Be careful: if you transfer out of France, your registration fees need within 10 days to arrive in the organisation's account, (5 days within France).

**Your payment is only in Euro, sorry for the Polish Zloties.** We don't accept any Polish Zloties, credit card or traveller cheques.

### **Cancellation policy**

Cancellation after registration is **only possible if you pay the full amount.**

The 150 euros of deposit are not refundable.

before may 30 th, 2017	Reimbursement - deducing 25 euros cancellation fee + bank charges
after may 30 st, 2017	Reimbursement – 150 euros deducing cancellation fee + bank charges
From 15 th june 2017 No Reimbursement - no refund under any circumstances	Sorry a cancellation is only not possible! only if another participant to take over your place. In this case we will charge a rebooking fees of 25 Euro.