

# The Butoh Body in the Urban Environment

5-days intense in Basel: Architecture, Landscape & Presence



**When:** 3-7 August

**Time:** Daily 11:00-13:00 & 14:00-17:00

**Where:** Basel (studio & various locations in public spaces)

How does the archaic, decelerated body of Butoh respond to the sharp lines, the dynamism and the history of a city?

In this 5-day intensive workshop, we leave the safe space of the studio and use the city of Basel as our stage, our counterpoint and our co-performer. We explore the tension between the vulnerability of the body and the monumentality of architecture, between urban hustle and bustle and the timeless landscape of the Rhine.

## Schedule

### 11:00 - 13:00 | Part 1: Basics (Studio)

We will devote the first two hours to intensive physical training. The focus will be on grounding, centering, releasing everyday tensions and activating the Butoh presence. We will prepare the body, both physically and mentally, to open up to its surroundings.

### 13:00 - 14:00 | Lunch break

### 14:00 - 17:00 | Part 2: The Urban Laboratory (Public Space)

Each day we move to a different, carefully selected location in Basel. We explore, through performance, the concrete architecture of Theaterplatz, the flowing landscape of the Rhine, the historic cobblestones of Münsterplatz, the energy of transit at the railway station, or the raw aesthetics of the Klybeck harbour area. (Locations are subject to change)

### Who is this workshop for?

The workshop is aimed at dancers, performers, actors and anyone passionate about movement who wishes to deepen their presence and dissolve the boundary between art and everyday life in public space. Prior knowledge of Butoh is welcome but not a prerequisite. A willingness to embrace slowness and an openness to encountering the unpredictable nature of the city are required.

### Please bring

Comfortable workout clothes for the studio.

Weatherproof clothing and sturdy shoes for outdoor spaces (we perform in almost all weathers).

Clothes that can get dirty (contact with earth and ground).

Sun protection, sunhat

### Registration & details

Led by: Flavia Ghisalberti

Cost: CHF 420 / Reduced: CHF 360

Meeting point: LoLa, Dachstock, Lothringerstrasse 63, Basel

Registration via: [flaviaghisalberti708@gmail.com](mailto:flaviaghisalberti708@gmail.com), <https://fleu-vie.com>

Registration deadline: **10 July 2026**

*Note: The number of participants is limited to ensure intensive support in public spaces.*